

CURRICULUM VITAE

Sarah R. Lowe

MAILING ADDRESS

271 Dartmouth Street, #4A
Boston, MA 02116
(617) 935-7384
srlowe@gmail.com

UNIVERSITY ADDRESS

Psychology Department
University of Massachusetts, Boston
100 Morrissey Blvd.
Boston, MA 02125

EDUCATION

- 2008-present **University of Massachusetts, Boston**
Ph.D. in Clinical Psychology, in progress
Advisor: Jean E. Rhodes, Ph.D.
- 2006-2008 **University of Massachusetts, Boston**
M.A. in Clinical Psychology
Masters Thesis Title: Back to School After the Storm: Predictors of
Community College Re-Enrollment after Hurricane Katrina
- 1999-2003 **Harvard University**
B.A. in Psychology, Citation in Spanish Language

ACADEMIC AND PROFESSIONAL HONORS

- Society for Research on Adolescence, Young Scholars Program, Junior Mentor (\$325), 2010
Beacon Award for Outstanding Leadership, University of Massachusetts, Boston, 2009
Phi Beta Kappa, Harvard University, 2003
Dean's List, Rank I, Harvard University, 2000-2003
John Harvard Scholarship, Harvard University, 2000-2003
Elizabeth Cary Agassiz Scholarship, Harvard University, 2000-2003
Detur Book Award, Harvard University, 2000

PROFESSIONAL MEMBERSHIP

- Association for Psychological Science
Society for Community Research in Action (APA Division 27)
Society of Clinical Child and Adolescent Psychology (APA Division 53)
Society for Research on Adolescence
Society for the Study of Emerging Adulthood

RESEARCH EXPERIENCE

- 2007-present **University of Massachusetts Boston, Department of Psychology**
Harvard University, Department of Sociology
Research Consultant
Supervisors: Jean E. Rhodes, Ph.D. and Mary Waters, Ph.D.

- Conducting statistical and qualitative analyses and writing research papers for a longitudinal study of Hurricane Katrina survivors.
- Conducted in-depth qualitative interviews of African American female survivors who relocated to Houston, TX.

2006-present

MacArthur Network on the Transition to Adulthood*Research Fellow**Supervisors: Jean E. Rhodes, Ph.D., Colleen O. Dillon, Ph.D., and Frank F. Furstenberg, Jr., Ph.D.*

- Created comprehensive database of existing scales measuring ten developmental capacities hypothesized to be related to markers of adulthood.
- Assisted in selecting scale items and formatted survey, including measures of developmental capacities, subjective adulthood, and psychological, educational and occupational outcomes.
- Recruited approximately 350 undergraduate and 250 non-college participants for initial survey.
- Recruited an additional sample of approximately 300 undergraduates for a refined measure.
- Coordinating collection of data on participants' academic performance.
- Assisting in statistical analysis and writing of reports, journal articles and book chapters.

2006-present

University of Massachusetts, Boston, Department of Psychology*Research Fellow**Supervisor: Jean E. Rhodes, Ph.D.*

- Managing team of undergraduate research assistants.
- Writing and editing theoretical and empirical papers, grants and policy reports on youth mentoring.
- Administered phone interviews with participants in a youth mentoring program.

2003-2006

Russell Sage Foundation, New York, NY*Senior Scholar Assistant (2005-2006)**Scholar Assistant (2003-2005)**Supervisor: Nicole Radmore, M.A.*

- Served as research assistant to 22 Social Science Visiting Professors (5-9 per academic year).
- Wrote literature reviews and Working Paper executive summaries, performed detailed literature searches, and edited book chapters and articles.
- Created Powerpoint presentations, tables, graphs and figures.
- Collected and coded archival data for large datasets.
- Conducted phone interviews, transcribed taped interviews, and coded qualitative data.
- Administered grants, created budgets and tracked financial information.
- Trained senior staff members in Powerpoint, and assisted Staff Statistician in Census data analysis.
- Coordinated Conference on the Minority-White Achievement Gap, April 2005.

2000-2003

Harvard University, Department of Psychology**Eating Disorders Research Lab***Research Assistant*

Supervisors: Pamela K. Keel, Ph.D., and Susan Hermes, Ph.D.

- Conducted phone interviews about eating, purging and exercise behaviors and depressive symptomatology for studies of Bulimia Nervosa and Binge Eating Disorder.
- Ran participants in study of implicit attitudes towards overweight and average weight individuals.
- Assisted in recruitment of participants for longitudinal study of eating disorder symptoms and body image concerns among Harvard 1982, 1992 and 2002 graduates.
- Designed subway advertisements, coordinated college newspaper advertising for subject recruitment, and put up posters on Boston college campuses.
- Coded and entered survey and interview data.

Summer, 2002

Catalyst, Inc., New York, NY*Advisory Services Intern**Supervisor: Joelle Gruber, Advisory Services Associate*

- Assisted in a quantitative and qualitative analysis of employees from a major international corporation, focusing on the effect of gender, age and immigration status on employees' organizational progress.
- Created Powerpoint presentations, coded qualitative data, and organized focus groups.

Summer 2001

Harvard University, Department of Sociology*Research Assistant**Supervisor: Susan Crawford-Sullivan, Ph.D.*

- Made contacts with Head Start programs, employment training agencies, and homeless shelters for study of low-income single mothers' experiences with social services, education, employment and childcare.
- Scheduled on-site interviews with low-income single mothers, attended 45 hour-long interviews, and conducted 10 interviews.

CLINICAL AND OUTREACH EXPERIENCE

2008-present

**Martha Eliot Health Center, Jamaica Plain, MA
Children's Hospital Boston, Harvard University***Peer Supervisor (Fall 2009-present)**Psychology Extern (2008-present)**Supervisors: Martin La Roche, Ph.D., and Ester Shapiro, Ph.D.*

- Providing individual and group psychotherapy to primarily Latino/a children, adolescents and adults. Approximately 80% of therapy is conducted in Spanish.
- Leading monthly peer supervision group for first-year trainees.
- Participating in weekly individual supervision, child/adolescent/family and adult team meetings, trainings, and cases conferences.
- Co-led a short-term cognitive-behavioral depression group for Spanish-speaking women.
- Co-led a classroom and small group intervention for second graders with behavioral problems.
- Co-led two eight-week cognitive-behavioral groups at a local housing development; one included approximately 50 5- to 9-year olds, and the other included approximately 20 10- to 13-year olds.

2007-2008

The Counseling Center, University of Massachusetts, Boston

*Psychotherapist Trainee**Supervisors: Joan Liem, Ph.D., and Brenda Hamada, L.I.C.S.W.*

- Provided individual psychotherapy to adult students at an urban university.
- Participated in weekly individual and group supervision sessions and case conferences.

2007-2008

Take Back the Night, University of Massachusetts, Boston*Co-Coordinator**Supervisor: Deborah Cohen, L.I.C.S.W.*

- Organized a month-long series of events to raise awareness and promote community around gender issues and sexual violence.
- Raised over \$2500 in student government grants.
- Recruited undergraduate volunteers, campus organizations and academic department personnel to help plan and advertise the events.
- Coordinated with non-profit organizations that put on workshops, demonstrations and performances.
- Designed advertisements, brochures, t-shirts and buttons.

2003-2006

A More Perfect Union, New York, NY*Presence and Reputation Committee Member**Group Co-Leader**Supervisor: Sarala Dee, President*

- Co-led monthly group sessions with residents of a transitional facility for ex-incarcerated women recovering from drug addictions. Sessions focused on building goal orientation and establishing social support networks through role-plays, arts activities, meditation and visualization, and discussion.
- Spearheaded press initiative, creating a database of press contacts and publicity outlets, and coordinating volunteer efforts.
- Wrote and edited articles for semi-annual organization newsletter.

2002-2003

Concilio Hispano, Boston Latino Community Resource Center*Volunteer**Supervisor: Maria Luisa Parra de Leroux*

- Assisted in translation of HIV/STI risk assessment materials from formal Spanish into English and colloquial Spanish.
- Assisted in translating, writing and editing grants for funding of HIV and AIDS, substance abuse, and drunk driving second offender intervention programs.

TEACHING EXPERIENCE

Fall 2009

Psychology 342: Adolescence*Primary Instructor***Psychology 100: Introduction to Psychology***Guest Lecture on Adolescent Development*

Winter 2010

Writing Proficiency Examination*Grader*

Spring 2010

Psychology 342: Adolescence

*Primary Instructor***ASSESSMENT EXPERIENCE**

Examen de Inteligencia Wechsler para Adultos (EIWA-II)	Wechsler Adult Intelligence Scale (WAIS-III)
Columbia Test of Nonverbal Learning	Wechsler Memory Scale (WMS-III)
Controlled Oral Word Association Test FAS	Test of Memory Malingering (TOMM)
NEO Personality Inventory	Test of Nonverbal Intelligence (TONI)
Rorschach Inkblot Method (RIM)	Trail Making Test (TMT), Parts A & B

GRADUATE COURSEWORK

Advanced Statistics I & II	History and Systems of Psychology
Assessment and Testing	Independent Study: Diversity Issues in Emerging Adulthood
Biological Bases of Behavior	Intervention Strategies
Child Psychological Assessment	Personality Assessment
Clinical Seminar/Practicum I, II, & III	Masters Research Seminar
Cognitive and Affective Bases of Behavior	Professional Standards and Ethics
Cognitive Behavioral Therapy	Research Methods in Clinical Psychology
Culture and Mental Health	Social and Cultural Bases of Behavior
Gender and Poverty in the United States	Teaching Seminar
Developmental Psychopathology I & II	

PEER-REVIEWED PUBLICATIONS

- Lowe, S. R.,** Chan, C. S., & Rhodes, J. E. (in press). Pre-disaster social support protects against psychological distress: A longitudinal analysis of Hurricane Katrina survivors. *Journal of Consulting and Clinical Psychology*.
- Lowe, S. R.,** & Rhodes, J. E. (in press). Community college re-enrollment after Hurricane Katrina. *Journal of College Student Retention: Theory, Research & Practice*.
- Lowe, S. R.,** Rhodes, J. E., Zwiebach, L., & Chan, C. S. (2009). The impact of pet loss on the perceived social support and psychological distress of hurricane survivors. *Journal of Traumatic Stress, 22*, 244-247.
- Post, C. V., DiTomaso, N., **Lowe, S. R.,** Farris, G. F., & Cordero, R. (2009). A few good women: Gender differences in evaluations of promotability in industrial research and development. *Journal of Managerial Psychology, 24*, 348-371.
- Rhodes, J., Camic, P., Milburn, M., & **Lowe, S. R.** (2009). Improving middle school climates through teacher-centered change strategies. *Journal of Community Psychology, 37*, 711-724.
- Rhodes, J. E., & **Lowe, S. R.** (2009). Mentoring in adolescence. In R. M. Lerner & L. Steinberg (Eds.), *Handbook of Adolescent Psychology* 3rd Edition, Vol. 2 (pp. 152-190). Hoboken, NJ: Wiley.
- Rhodes, J., & **Lowe, S. R.** (2008) Youth mentoring: Improving programs through research based practice. *Youth & Policy, 99*, 9-16.

Rhodes, J., & **Lowe, S. R.** (2008). Youth mentoring and resilience: Implications for practice. *Child Care Practice, 14*, 9-17.

Rhodes, J., **Lowe, S. R.**, Litchfield, L., & Walsh-Samp, K. (2008). The role of gender in youth mentoring relationship formation and duration. *Journal of Vocational Behavior, 72*, 183-192.

MANUSCRIPTS UNDER REVIEW

Lowe, S. R., Chan, C. S., & Rhodes, J. E. *You have to put them first: The impact of child-related stressors on the psychological functioning of low-income mothers after Hurricane Katrina.* Manuscript submitted for publication.

Lowe, S. R., Lustig, K., & Marrow, H. B. *African American women's reports of racism during Hurricane Katrina: Variation by interviewer race.* Manuscript submitted for publication.

Lowe, S. R., & Rhodes, J. E. *Natural mentors in the lives of Hurricane Katrina survivors.* Manuscript submitted for publication.

Rhodes, J. E., **Lowe, S. R.**, & Schwartz, S. E. O. *Mentoring relationships.* Manuscript submitted for publication.

PAPER PRESENTATIONS

Dillon, C., **Lowe, S.**, McCloyd, V., & Rhodes, J. (2009, April). On track or derailed? Understanding and measuring young adults' adaptive capacities. Paper presented at the Future of Children Conference on the Transition to Adulthood. Princeton University, Princeton, NJ.

Lowe, S. R., & Rhodes, J. E. (2008, March) The role of natural mentors for low-income parents in the aftermath of Hurricane Katrina. Paper presented at the biennial meeting of the Society for Research on Adolescence (SRA), Chicago, IL.

Post, C. V., DiTomaso, N., **Lowe, S. R.**, Farris, G. F., & Cordero, R. (2006, August). A "female advantage" in promotability evaluations for women perceived by their managers as innovative. Paper presented at the annual meeting of the American Sociological Association, Montreal, Quebec.

Post, C., DiTomaso, N., **Lowe, S. R.**, Farris, G., & Cordero, R. (2004, August). Competence or cooperation: Wherein lies the female advantage? Paper presented at the annual meeting of the Academy of Management, New Orleans, LA.

POSTER PRESENTATIONS

Chan, C., **Lowe, S.**, Rhodes, J., & Zwiebach, L. (2008, April). Psychological distress among Hurricane Katrina survivors and barriers to mental health service utilization: A longitudinal study. Poster presented at the annual meeting of the Psychology and Social Justice (PASJ), New York, NY.

Chan, C., **Lowe, S. R.**, Schwartz, S. E. O., Dillon, C. O., & Rhodes, J. E. (2009, October). Community engagement in emerging adulthood: Demographic variation, correlates and processes. Poster

presented at the biennial meeting of the Society for the Study of Emerging Adulthood (SSEA), Atlanta, GA.

- Chan, C., **Lowe, S. R.**, Zwiebach, L., Schwartz, S. E. O., & Rhodes, J. (2009, June). Gender differences in mentoring relationships: A school-based longitudinal study. Poster presented at the biennial meeting of the Society for Community Research in Action (SCRA), Montclair, NJ.
- Lowe, S. R.**, Dolyres, V., Chan, C. S., Dillon, C. O., & Rhodes, J. E. (2010, March). Stressful life events, adaptive capacities, and psychological distress in a multiethnic sample of emerging adults. Poster to be presented at the biennial meeting of the Society for Research on Adolescence (SRA), Philadelphia, PA.
- Lowe, S. R.**, Lustig, K., Marrow, H., Zwiebach, L., Chan, C., & Rhodes, J. E. (2008, October). Perceptions of racism among African-American single mothers after Hurricane Katrina: Relationships with interviewer race and mental health. Poster presented at the eighth annual Diversity Challenge conference from the Institute for the Study and Promotion of Race and Culture (ISPRC), Boston, MA.
- Lowe, S. R.**, Lustig, K., Dillon, C. O., & Rhodes, J. E. (2009, October). Sense of purpose in emerging adulthood: Associations with demographics, adult roles, and outcomes. Poster presented at the biennial meeting of the Society for the Study of Emerging Adulthood (SSEA), Atlanta, GA.
- Lowe, S. R.**, Schwartz, S. E. O., Chan, C., Zwiebach, L., & Rhodes, J. (2009, June). Predicting adverse health outcomes of vulnerable adults after Hurricane Katrina. Poster presented at the biennial meeting of the Society for Community Research in Action (SCRA), Montclair, NJ.
- Lowe, S. R.**, Zwiebach, L., Toner, D., Dillon, C. O., & Rhodes, J. E. (2009, October). Defining adult experiences: Perspectives of a diverse sample of emerging adults. Poster presented at the biennial meeting of the Society for the Study of Emerging Adulthood (SSEA), Atlanta, GA.
- Zwiebach, L., **Lowe, S.**, Rhodes, J., & Chan, C. (2008, May). Loss of pet significantly affects mental health of Hurricane Katrina survivors. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
- Zwiebach, L., Fisher, M. B., & **Lowe, S. R.** (2010, May). Weight gain as a function of stress encountered during Hurricane Katrina. Poster to be presented at the annual meeting of the Association of Psychological Science, Boston, MA.

PROFESSIONAL SERVICE

Ad-hoc Reviewer

Child Development
Developmental Psychology
Journal of Adolescence
Journal of Black Psychology

Hurricane Katrina Research presentation, Food for Thought Research Series, University of Massachusetts, Boston, *November 2008*.

Invited Attendee, National Financial Education Foundation, *Symposium on the financial realities of young adults*, Townson University, November 2008.

Clinical Graduate Students Association, University of Massachusetts Boston

President, 2007-2009

Member, 2006-present

- Organized and led monthly student-only meetings on program-related events and concerns.
- Created and updated support packets with student testimonials and advice for program milestones (e.g. practicum and internship application processes, qualifying examination).
- Wrote comprehensive guide of student roles during Admissions Day, and resource list for grant applications.
- Organized social events and managed organization's budget.
- Coordinated student interview schedule for Admissions Day, February 2007.
- Coordinated housing for Admissions Day, February 2008

Psychology Connections Committee, University of Massachusetts, Boston

Founding Member, 2008-present

- Building relationships with psychology undergraduates and other psychology graduate programs.
- Organizing panels for psychology undergraduates on topics including applying to graduate school, navigating the post-college employment search, and how to take advantage of university resources and opportunities.
- Coordinating undergraduate mentoring program, including creating mentor/mentee screening forms and recruitment of psychology undergraduate mentees and psychology graduate student mentors.

University of Massachusetts, Boston Clinical Psychology Program 20th Anniversary Committee

Member, 2009

- Led student effort to solicit donations for silent auction to benefit graduate student research.

Statistics Breakfast Club, University of Massachusetts, Boston

Member, September 2007-present

- Participated in biweekly student- and faculty-led student workshops on topics in advanced statistical analysis.
- Co-led a session on using Amos for structural equation modeling.

Clinical Psychology Diversity Committee, University of Massachusetts, Boston

Member, 2006-2008

- Co-coordinator, Admissions Day Diversity Panel, February 2007.
- Panelist, Admissions Day Diversity Panel, February 2007 and February 2008.
- Participated in discussions concerning issues of diversity within the graduate program.

Radcliffe Mentoring Program, Harvard University

Mentor, September 2008-June 2009.

- Professional mentor to a female undergraduate at Harvard University.
- Participated in mentor training, attended organizational events, and met regularly with mentee.

STATISTICAL TRAINING

June 2009

Structural Equation Modeling: Advanced Longitudinal Modeling
Kansas University Summer Institute in Statistics

Kansas University, Lawrence, KS
Instructor: Todd D. Little, Ph.D.

May 2009 *Latent Growth Curve Modeling*
University of Massachusetts, Boston, MA
Instructor: Alice Davidson, Ph.D.

June 2007 *Structural Equation Modeling*
Data Analysis and Training Institute of Connecticut
University of Connecticut, Storrs, CT
Instructors: David A. Kenny, Ph.D., Stephanie Milan, Ph.D.

June 2007 *Hierarchical Linear Modeling*
Data Analysis and Training Institute of Connecticut
University of Connecticut, Storrs, CT
Instructors: Ann A. O'Connell, Ed.D., D. Betsy McCoach, Ph.D.

SKILLS

Computers: Proficient in Microsoft Word, Excel, Powerpoint, SPSS, AMOS, Wordperfect, Endnote, and Adobe Photoshop. Familiar with SAS, STATA, Nvivo, Atlas.ti, MPlus, LISREL and HLM.

Language: Learned fluency in Spanish.